

Pain ~ San Diego

You are not alone in managing pain

Nancy L Sajben, MD
9834 Genesee Ave Suite 427
Scripps Memorial Hospital campus
La Jolla California 92037
Tel: 858.622.0500 Fax: 858.622.0550

Dear Patient:

I would like to welcome you to the office and take this opportunity to provide you with the following information to expedite your first visit.

Your appointment is scheduled for _____ at _____.

1. Please complete the enclosed forms and bring them to your appointment
2. Bring your insurance card.
3. Bring all medication bottles with labels, including nonprescription medicines.

Important: If you do not recall names and dosages of prior medications for pain, please obtain a 3 year print out from your pharmacy. It is important that I review exact doses, names, dates and combinations.

4. I accept Medicare. If you have Medicare, usually no more is needed except copayment and annual deduction – note these do change from year to year .

If you have Medicare HMO, I am not in your HMO network. You will need to ask your primary care doctor to obtain permission to refer you out of network to see me.

Please bring check or cash for payment in full at the time of visit. I do not accept credit cards.

If you have a PPO, I may not be on your panel. However, your PPO allows you to see any doctor and will reimburse you directly. My office does electronic billing as a courtesy to you.

You may wish to call your insurer to verify what they reimburse for first visit: code 99245, and return visits: code 99215.

It is important for you to eat before the appointment, take your usual medications and set aside several hours of time if we need it. I look forward to seeing you.

Sincerely,

Nancy L. Sajben, M.D.